



Lip Reading Like Sherlock For Beginners

Learn the fantastic skill of Lip Reading!

**2X Week, 90 minute sessions for 4 weeks
or 1X a week for 8 weeks.**

**Marathon classes are 3 days, non-
consecutive, of 4 hours each**

**Course Cost: Only \$100 Live Online
(some coaching included).**

**For location, dates & times, please text
(772) 468-0123 or email
speechreader2@gmail.com**

**The website to register is:
hearingchallengecoach.com**

Program: Adult Lip reading (a/k/a
Speechreading) courses. Helping those with
hearing challenges: hearing loss, tinnitus,
hyperacusis and balance issues (all can affect
cognition and can be helped by learning lip
reading).

**Over 50 million Americans have some
degree of hearing loss.*** (About 1 in 7
people you know!

**Hearing loss is the 3rd most common
chronic physical condition** in the US,
twice as prevalent as diabetes or cancer,**
Hearing loss is **associated with other
common health issues** such as diabetes and
heart disease.

According to *The Hearing Review*, there are at
least 6 comorbidities associated with hearing
loss:

- **social isolation and loneliness**
- **depression**
- **falls**
- **cardiovascular disease**
- **diabetes**
- **cognitive impairment and dementia**

It is estimated that only between 20-25% of the
people with hearing loss who would be helped
by hearing aids actually get them, some because
of lack of funds, others tried them and didn't
realize they needed more information to adapt.
Some cannot be helped with the use of hearing
aids.

*nidcd.nih.gov & census.gov

**cdc.gov

Fact: Many with or without hearing aids can be
helped by learning lip reading. We are
improving lives of many through our lip reading
classes, both the hearing challenged and those
who communicate with them.

**Outcome: Hearing challenges can affect
cognition. include hearing loss, tinnitus,
hyperacusis and balance issues — all can
affect cognition. By learning lip reading, you
are actively engaging the part of your mind
that works with the thinking process that
receives verbal communication, which may
offset or delay dementia.**

Keep in mind that those who lip read can benefit
those who do not by not having to ask over and
over again for people to repeat things! Lip
reading training is also encouraged for those
who hear normally. Many of our students are
nurses and teachers who have become aware of
the benefits of lip reading to them, even with
adequate hearing.

Why Important: Lip Reading can be a **fun
activity** and is a **lifetime skill** that only gets
better with practice, **useful for so many aspects
of life.** Picture yourself being a nurse or doctor
reading the lips of a patient who can mouth the
words, but due to a stroke or throat disorder,
can't talk; a worker, able to read the lips of
others out of earshot, or a teacher able to read
the lips of a student who is whispering a
comment that gives insight to their progress
difficulties; or anyone, able to read the lips of
others, in a noisy room. We will train our
eyes to listen by watching the lips and mouths
of others.

Benefits of Lip Reading include:

- Increased communication capabilities, even in noisy environments
- Increased accuracy of thought understanding
- Increased employment possibilities – those who communicate more easily are more readily hired, regardless of any handicap
- Increased social aspects
- Reduction of stress and frustration
- Increased confidence – easily feel part of a group because you understand what was said

There will be a Certificate of Completion at the end of the course.

Cost: Only \$100 per course, online live, includes some hearing challenge coaching.

We are proud to state that in the end class surveys for our lip reading courses, **98% of our students have learned more than they expected!**

Questions? TEXT Cheryl
(772) 468-0123

DID YOU KNOW?



1/3 to 1/2 of hearing loss is caused by

NOISE 

Up to **another 1/3** is caused by

OTC & RX DRUGS



and


CHEMICAL SOLVENTS

That means **YOU** can **SAVE**

up to **2/3**

**of tomorrow's hearing today...
just by learning about
these things!**

**Help us help others with this
knowledge to help them Save
Their Hearing!**

Sign up today to discover the **Sherlock Method for Lip Reading** – an easier, simpler way of learning a skill that will benefit you those around you for your lifetime!

The **Sherlock Method for Lip Reading** is recognizing the Clues:

- You don't need or want every word.
- Recognize the Mouthing Traits that help you figure out the letters in the word – this is taught and practiced in our classes.
- Simplify the learning of Speech Patterns – You learn how in our classes.

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